

Protein varies by breast milk type.

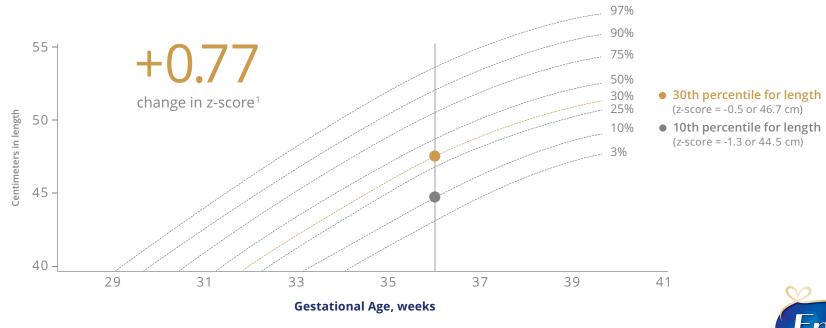
Enfamil® LHMFs increase protein to help fuel lean growth when babies need it most.



Protein Benefits

Data suggests an additional 100 g of protein* over 28 days could improve length¹

Example of length gain of infant boy at gestational age of 36 0/7 weeks PMA



PMA=postmenstrual age; z-score=growth status.



^{*} Study suggests z score length can be promoted by feeding an additional 100 g protein over 28 days to infants consuming ≥75 grams to ≤125 grams over the same period.

Optimize Preterm Nutrition

Two Enfamil® LHMFs — designed for targeted nutrition and the special needs of the NICU

Flexible Protein Options

Balanced micronutrient profiles with protein levels clinically shown to promote growth^{2,3}



HIGH **PROTEIN** for preterm babies who need lean growth

STANDARD PROTEIN

for preterm or late preterm babies

- Has **DHA** and **ARA** to help you achieve expert recommended amounts
- Has higher amounts of **vitamin D** and **iron** than other LHMFs

Flex-Pro Bottle

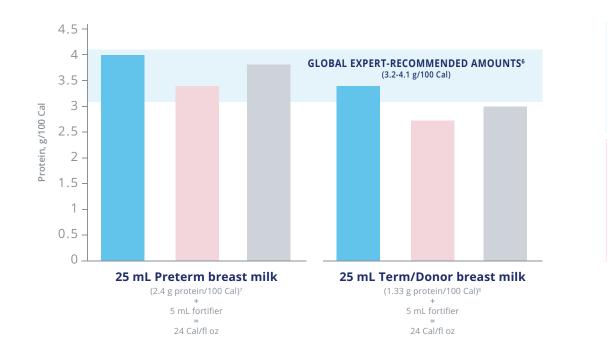
Making every mL count

- Helps make fortifying simple
- Reduces milk waste⁴
- Minimizes steps needed to mix large batches
- Works seamlessly with standard transfer lids
- Designed to reduce likelihood of contamination when following preparation guidelines⁵

Up to 97% less waste of breast milk when using Enfamil LHMFs with Flex-Pro bottle.4

Flexible Preparations for Every Baby

Enfamil[®] LHMFs help you meet global expert recommendations for preterm infants with customized protein administration



HIGH PROTEIN

- —Has 0.56 g protein/5 mL
- -Mixes to 4.0 g protein/100 Cal[†]

STANDARD PROTEIN

- —Has 0.42 g protein/5 mL
- -Mixes to 3.4 g protein/100 Cal[†]

See Flex-Pro Instructions For Use and LHMFs Nutrient Comparisons in pocket.

Enfamil LHMF Standard Protein Similac HMFEP*

^{*} Similac® Human Milk Fortifier Extensively Hydrolyzed Protein Concentration Liquid. † When added to preterm breast milk.

Fortifier

Comparisons

Clinically Studied Protein Amounts

Enfamil® LHMFs allow flexibility in supporting growth for the babies who need it most



Has protein at an amount shown to promote lean growth*†2





42.4 cm **Test Product** 41.2 cm

Weight *P*=0.004*

Test Product		1829 g	
Control	1662 g		

Head Circumference P=0.043*

Test Product	30.6 cm	
Control	29.9 cm	

Enfamil LHMF Standard Protein

Has protein at an amount suitable for starting breast milk fortification or in preparation for discharge



Protein amount clinically shown to promote growth^{‡3}







Demonstrated head circumference gain

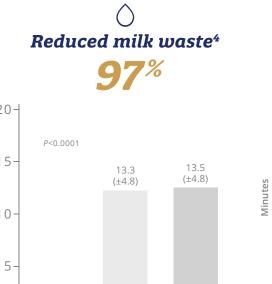


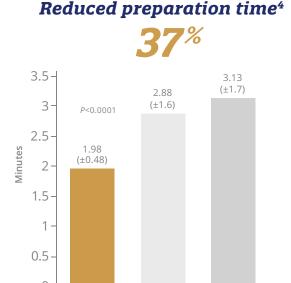
[†] Data based on a per-protocol efficacy analysis.

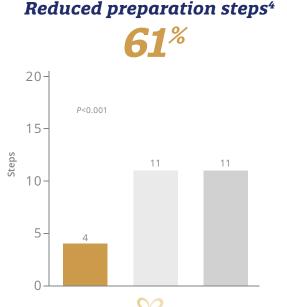
EHMFAL=Enfamil Human Milk Fortifier Acidified Liquid: ELBW=extremely low birth weight; VLBW=very low birth weight.

The Flex-Pro Advantage

A more efficient breast milk fortification process⁴









 (± 0.95)

Enfamil® Acidified Liquid Human Milk Fortifier (n=54)

Similac® Hydrolyzed Human Milk Fortifier (n=54)



[‡] Study used Enfamil HMF Powder.

Enfamil® LHMFs

Non-acidified fortifiers to support the flexibility you need



Available in 2 balanced formulations: High Protein or Standard Protein



Easy-to-use Flex-Pro bottle saves prep time and reduces breast milk waste⁴



Has protein amounts shown to support growth^{2,3}

References: 1. Olsen IE, Harris CL, Lawson ML, Berseth CL. Higher protein intake improves length, not weight, z scores in preterm infants. *J Pediatr Gastroenterol Nutr.* 2014;58:409-416. 2. Moya F, Sisk PM, Walsh KR, Berseth CL. A new liquid human milk fortifier and linear growth in preterm infants. *Pediatrics*. 2012;130:e928-e935. 3. Berseth CL, Van Aerde JE, Gross S, Stolz SI, Harris CL, Hansen JW. Growth, efficacy, and safety of feeding an iron-fortified human milk fortifier. *Pediatrics*. 2004;114:e699-e706. 4. Data on File. Mead Johnson & Company, LLC. 5. Steele C, Collins E, eds. Pediatric Nutrition Practice Group. *Infant and Pediatric Feedings: Guidelines for Preparation of Human Milk and Formula in Health Care Facilities*. 3rd ed. Chicago, IL: Academy of Nutrition and Dietetics; 2019. 6. Koletzko B, Poindexter B, Uauy R, eds. *Nutritional Care of Preterm Infants: Scientific Basis and Practical Guidelines*. Basel, Switzerland: Karger; 2014. *World Review of Nutrition and Dietetics*; vol 110. 7. Gross SJ. Growth and biochemical response of preterm infants fed human milk or modified infant formula. *N Eng J Med*. 1983;308:237-241. 8. Picciano MF. Nutrient composition of human milk. *Pediatr Clin North Am*. 2001;48:53-67.

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Questions about Enfamil LHMFs?

Talk to your Enfamil representative or call our support line at 1-800-BABY123



Let's fuel the wonder.™

