INTENDED AUDIENCE & SCOPE OF PRACTICE

This activity is designed for physicians, nurse practitioners, physician assistants, pharmacists, nurses and other allied health personnel working in the field of primary care who treat and evaluate patients in need of prevention and treatment of cardiovascular diseases.

ELEMENTS OF COMPETENCE

This CE activity has been designed to improve learner competence and focuses on the American Board of Medical Specialties areas of patient care and procedural skills, and medical knowledge. This activity also focuses on the interprofessional competencies of roles/responsibilities, Interprofessional communication, and teams/teamwork.

PRACTICE GAPS AND NEEDS

Cardiovascular medicine is a vast area of clinical practice with a continually rapid expansion of knowledge, guidelines, best practices and new technology. Physicians are challenged to optimally manage a multitude of diseases involving the cardiovascular system including the failing heart, the heart with abnormal arrhythmias and the circulation affected by abnormal cholesterol metabolism and hypertension. Several national guidelines that help clinicians establish best practices have been modified and refined in the last year. The implications of these new guidelines and their utilization will be a major topic of discussion in this symposium.

There is an ongoing evolution of care for patients with ventricular dysfunction. Another segment of the symposium will focus on several aspects of treating patients with ventricular dysfunction. A frequently overlooked area of treatment is the pulmonary hypertension that ventricular dysfunction produces and how to manage it. In addition, the rapidly emerging area of cardio-oncology which seeks to treat and prevent cardiac dysfunction from chemotherapeutic agents is an emerging area of importance. Practice management, particularly of patients with heart failure with preserved ejection fraction, a particular problem of the elderly, will be addressed.

Cardiac arrhythmias remain a source of continued evolution as technology evolves, now to the point that patients may be wearing their own devices that detect arrhythmias. A segment on arrhythmias will address this issue discussing how to manage these patients when they bring their own data. Additional modifications of the atrial fibrillation guidelines are expected to be available by the time of the symposium, with particular emphasis on utilization of anticoagulation agents. These new results, which fulfill another practice gap in our knowledge about treating patients with atrial fibrillation, will be discussed, along with the interpretation of the multitude of different types of ambulatory monitoring devices.

Several practice related topics continue to perplex and challenge primary care providers. One area is that of complementary medicine. How do these self-administered medications fit into the entire plan of patient care? Can they be harmful to the heart? Additionally, the perplexing problem of continual focus on diets present constant problems for primary care providers. Several other topics of increasing importance present in primary care practices: the congenital heart disease patient seeking ongoing care, the geriatric patient with persistent hypertension and the ongoing debate of where aspirin fits in in primary prevention will be topics of discussion in the breakout sessions.

LEARNING OBJECTIVES

At the conclusion of the activity, the healthcare team will be able to:

1. Identify best practices for the treatment of hypertension both in the elderly and across the entire age spectrum.
2. Review new guidelines and identify best practices for anticoagulation of patients with atrial arrhythmias.
3. Discuss the implications of patient initiated activities such as self-monitoring for arrhythmias, self-directed diets and self-directed use of nontraditional complementary medications and therapies.
4. Describe the implications of the new guidelines for treatment of cholesterol and various lipid abnormalities.
5. Review new and evolving information on the role of aspirin in primary prevention.
6. Explain the results and implications of data produced by various types of ambulatory monitoring devices.
7. Distinguish the new areas of management of patients with heart failure who have pulmonary hypertension secondary to their underlying left ventricular dysfunction, left ventricular and right ventricular dysfunction secondary to chemotherapeutic therapies for cancer and patients who have classic symptoms of heart failure despite having a normal ejection fraction.

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CARDIOVASCULAR MEDICINE AND PREVENTION UPDATE FOR PRIMARY CARE

Friday, April 12 2019
Madison Marriott West
Middleton, WI 53562

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Friday, April 12, 2019

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Cardiovascular Medicine and Prevention Update for Primary Care

Interprofessional Continuing Education Partnership
UNIVERSITY OF WISCONSIN–MADISON

School of Medicine and Public Health
School of Nursing
School of Pharmacy

Provided by

- **University of Wisconsin School of Medicine and Public Health**
  Department of Medicine, Division of Cardiovascular Medicine
- **University of Wisconsin–Madison Interprofessional Continuing Education Partnership (ICEP)**

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AGENDA

Friday, April 12, 2019

AM

6:30 Doors Open for Exhibit Set-up

7:00 Registration/Breakfast with Exhibitors

7:55 Welcome and Intro *Peter Rahko, MD*

8:00 Session I: Prevention
Moderator: Amita Singh, MD

8:05 The 2018 Cholesterol Guidelines: New Again? *James Stein, MD*

8:30 Taking a Dive: Is 130 the New 140 for Hypertension? *Heather Johnson, MD, MS*

8:55 How Integrative Medicine Approaches Can Help Prevent Heart Disease *Renee Bobb, APNP*

9:20 Panel Discussion *Singh, Stein, H Johnson, Bobb, K Poddar*

9:50 Intro to Breakout Sessions *Peter Rahko, MD*

9:55 BREAK WITH EXHIBITORS

Session II: Breakouts

Choose 2 of the following:

1. Recognizing Fact, Fiction and FAD – How to Help Your Patients Make Heart Healthy Eating Choices *Kavita Poddar, PhD, RD, CD*
2. You Had What Surgery as a Child? Treating Adults With Congenital Heart Disease *Heather Bartlett, MD*
3. I'm Too Old for This! Safely Controlling Blood Pressure in Older Patients *Adam Gepner, MD*
4. Aspirin in Primary Prevention: Barking up the Wrong Tree? *Karen Kopacek, MS, RPh*

10:10 Breakout Session

10:40 INTERMISSION

10:50 Breakout Session

11:20 LUNCH WITH EXHIBITORS

PM

12:20 Session III: Heart Failure
Moderator: Peter Rahko, MD

12:25 Dyspnea Evaluation: Diagnostic Path Leading to Pulmonary Hypertension *Farhan Raza, MD*

12:50 Cardio-Oncology Pearls *Steven Ewer, MD*

1:15 My Patient with HFpEF: What Options Do I Have? *David Pham, MD*

1:40 Practical Office-Based Management of Heart Failure *Joan Hermsen, APNP*

2:05 Panel Discussion *Rahko, Raza, Ewer, Pham, Hermsen*

2:35 BREAK WITH EXHIBITORS

2:50 Session IV: Arrhythmia
Moderator: Miguel Leal, MD

2:55 My Watch Tells Me The Time...To See a Cardiologist! *Zachary Goldberger, MD*

3:25 Interpreting Ambulatory ECG Monitoring *Ryan Kipp, MD*

3:55 Managing Atrial Fibrillation: New Guidelines and Anticoagulants *Craig January, MD, PhD & Kathy Wackerle, APNP*

4:25 Panel Discussion *Leal, Goldberger, Kipp, January, Wackerle*

4:55 Summary *Peter Rahko, MD*

5:00 Adjourn

REGISTRATION INFORMATION

1. Visit https://ce.icep.wisc.edu/cardiovascular-medicine-2019
2. Select the Register/Enroll Tab
3. Select login or register and follow the instructions for UW-Madison NetID log in or Visitor account creation/login
   **Make note of your username and password as you will need it to view materials, evaluations, and claim credit.*
4. Follow any prompts to complete or update your profile information
5. Click the Register tab, select your Conference Fee, Breakouts, any dietary information, and "Add to Cart"
   **Presenters/planners: Enter the gratis Coupon Code provided by the coordinator and "Apply to Order"*
6. Verify the subtotal. If incorrect, click "Remove" the item from the cart, click on the course hyperlink that appears, and select the correct conference fee.
7. Select "Checkout" and follow the remaining prompts to pay for the conference

QUESTIONS ABOUT REGISTRATION

Email help@icep.wisc.edu or call 608-262-7226.

REGISTRATION DEADLINE: APRIL 5, 2019

CONFERENCE FEES

- **$295** physicians (MD, DO)
- **$195** residents, fellows, pharmacists, physician assistants, nurse practitioners, nurses, others
- **Reduced fee for UW Health, VA and Meriter:**
- **$120** UW Health/VA/Meriter physicians (MD, DO)
- **$80** UW Health/VA/Meriter pharmacists, physician assistants, nurse practitioners
- **$50** UW Health/VA/Meriter residents, fellows, nurses, other healthcare employees and students

The conference fee includes the cost of tuition, breakfast, lunch, refreshments, and a nonrefundable processing fee of $25.

CANCELLATION AND REFUND POLICY

Requests for cancellation must be submitted in writing to help@icep.wisc.edu. Cancellation requests received at least 96 hours (April 8) prior to the conference will allow a full refund except for the nonrefundable processing fee. No refunds will be made for cancellations received less than 96 hours prior to the activity start date.

CONFERENCE HOUSING

A block of rooms has been reserved at the conference site, the Madison Marriott West. Please call the hotel directly (888-745-2032) to arrange accommodations. To receive the special rate of $149 (plus tax) for a single or double, please mention the UW Cardio 2019 group when making your reservation. The block of rooms will be held on a first-come, first-serve basis and any available rooms that have not been reserved by 5 PM CST on March 11, 2019 will be released to the general public. The hotel charges $8.00 per vehicle per night for overnight guests.

CONFERENCE ATTIRE

Casual attire is appropriate for this conference. Since meeting room temperatures and personal comfort levels vary, it is recommended that you bring a sweater or jacket to the educational activity.

PROGRAM CHANGES

Emergency situations occasionally occur and may necessitate topic or speaker changes. The University of Wisconsin–Madison ICEP reserves the right to alter or substitute a topic or speaker without prior notification.

CONFERENCE MATERIALS

Conference materials will be posted online. Materials will be available to registered participants on Wednesday, April 10, 2019. If you would like to view the presentations while at the conference, please bring your laptop/tablet/iPad.

FOR FURTHER INFORMATION

For conference information or details regarding exhibit booths please contact Ashley Bartlett at 608-263-9473 or abartlett@medicine.wisc.edu

*= Planning Committee Member

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In support of improving patient care, the University of Wisconsin–Madison ICEP is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

CREDIT DESIGNATION STATEMENTS

Accreditation Council for Pharmacy Education (ACPE)

A maximum of 7.0 hours of knowledge-based CE credit can be earned by successfully completing this live activity. Pharmacists should claim only the credit commensurate with the extent of their participation in the activity. CE credit information, based on verification of live attendance and completion of the program assessment and evaluation, will be provided to NABP within 60 days after the activity completion.

Universal Activity Number (UAN) JA0000358-0000-19-012-L04-P, 7.0 hours (0.70 CEUs)

American Medical Association (AMA)

The University of Wisconsin–Madison ICEP designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC) & Iowa Board of Nursing

The University of Wisconsin–Madison ICEP designates this live activity for a maximum of 7.0 ANCC contact hours and Iowa Board of Nursing contact hours. ANCC pharmacotherapeutic contact hours will be calculated and awarded as appropriate to meet the needs of advanced practice nurses. The University of Wisconsin–Madison School of Nursing is Iowa Board of Nursing provider 350.

Continuing Education Units

The University of Wisconsin–Madison, as a member of the University Continuing Education Association (UCEA), authorizes this program for .70 continuing education units (CEUs) or 7.0 hours.

American Academy of Family Physicians

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Academy of Nutrition and Dietetics

Application for credit has been filed.

Policy on Disclosure

It is the policy of the University of Wisconsin–Madison Interprofessional Continuing Education Partnership, that the faculty, authors, planners, and other persons who may influence content of this CE activity disclose all relevant financial relationships with commercial interests in order to allow CE staff to identify and resolve any potential conflicts of interest. Faculty must also disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during their presentation(s). Detailed disclosures will be made prior to the activity.