INTENDED AUDIENCE & SCOPE OF PRACTICE

This activity is designed for physicians, nurse practitioners, physician assistants, pharmacists, nurses and other allied health personnel working in the field of primary care who treat and evaluate patients in need of prevention and treatment of cardiovascular diseases.

ELEMENTS OF COMPETENCE

This CE activity has been designed to improve learner competence and focuses on the American Board of Medical Specialties areas of patient care and procedural skills, and medical knowledge. This activity also focuses on the interprofessional competencies of roles/responsibilities, interprofessional communication, and teamwork.

PRACTICE GAPS AND NEEDS

Cardiovascular medicine is a vast area of clinical practice with a continually rapid expansion of knowledge and practice standards. Physicians are challenged to determine best practices for management of atrial fibrillation including controlling the rhythm, eliminating the problem, and reducing the risk of stroke and other embolic events, all of which have been identified in updated guidelines. The UW has been active in developing new local guidelines and new local pathways of care that will be directly discussed during the meeting.

Major professional societies have issued new guidelines addressing new therapies for the treatment of hypertension. Developments in this field have been controversial. A session on prevention will focus on these new guidelines and their relevance to practice. We also plan to update clinicians on best practices for other techniques of cardiovascular prevention. Another session updates clinicians on new developments in therapy, particularly surgical based therapy for certain cardiovascular diseases. New developments in how to use diagnostic testing for cardiovascular disease have emphasized appropriate use. Multiple new drugs have been released for the treatment of diabetes in the last two years. This is a very rapidly expanding area which is difficult for the primary care practitioner to stay informed of given the rapid expansion of new therapies. We will focus on one aspect of these new drugs and evaluate the issue as to whether some pharmacologic treatments can help prevent future heart disease. This educational activity aims to bridge the gaps that exist from the rapid expansion of knowledge and practice standards.

LEARNING OBJECTIVES

At the conclusion of the activity, the healthcare team will be able to:

1. Identify best practices for medical therapy of hypertension and heart failure while maximizing effectiveness and minimizing drug interactions.
2. Review best practices for treating atrial fibrillation and preventing secondary consequences of this problem.
3. Discuss best practices for treating syncope.
4. Describe best practices for effective use of all lipid-lowering pharmacotherapy now available to treat hyperlipidemia.
5. Explain how much exercise is potentially helpful versus harmful for patients with heart disease.
6. List cardiovascular medications that are most vulnerable to drug interactions and the potential harm to a cardiac patient.
7. Compare and contrast the potential role of new innovations in pacemaker therapy, cardiac surgery and cardiac device placement for patients with various types of heart disease.
8. Summarize the outcomes of various types of cardiac imaging.
AGENDA
Friday, April 20, 2018

AM
6:30 Doors Open for Exhibit Set-up
7:00 Registration & Breakfast with Exhibitors
7:30 Welcome and intro Peter Khalo, MD
8:00 Session I: Prevention Moderator: Jamie Steen, MD
8:30 Exercise: How Much is Enough? How Much is Too Much? Arma Singh, MD
8:30 Pitfalls in Managing Hypertension: The Do’s and Don’ts in Caring for Hypertension Patients Heather Johnson, MD
8:30 Treating Diabetes to Prevent Heart Disease: What is the Role of Newer Agents? Roger Kulstad, MD
9:20 Panel Discussion Session I Moderator & Presenters
9:50 Intro to Breakout Sessions Peter Khalo, MD
9:55 BREAK WITH EXHIBITORS

PM
10:20 Session II: General Cardiology Moderator: Adam Goyer, MD
10:30 Optimal Management of Atrial Fibrillation: New Approaches for Atrial Fibrillation Patients with ATRIA Jennifer Wall Schovski, MD
10:45 Polypharmacy in Geriatric Patients: How Much is Too Much? Roderick Deaño, MD, RNP
10:50 How to Use CT for Diagnosis of Cardiac Disease Roderick Deaño, MD
12:20 Lunch with Exhibitors
12:50 Breakout Session Choose 2 of the following:
1:15 Intro to Breakout Sessions Peter Khalo, MD
1:15 Choosing the Right Test at the Cardiac Center, the Madison Marriott West. Please call the hotel directly (608.356.3400) to book your reservation. The block of rooms will be held on First come, First served basis and any available rooms that have not been reserved by 5 PM on March 19, 2018 will be released to the general public. The hotel charges a $15.00 per vehicle parking fee for overnight guests.
1:30 Why is This Normal Echo Report for 2018 Miguel Leal, MD
1:30 Cannot See or Feel Marv Conney Chair in Cardiology; Chief, Division of Cardiovascular Medicine, UW SMPH
1:30 Atrial Fibrillation: New Algorithms for the Faint of Heart? Joshua Hermsen, MD, Assistant Professor of Surgery, Division of Cardiothoracic Surgery, William S. Middleton Memorial Veterans Hospital
1:30 My Atrial Fibrillation Patient Clots Cannot See or Feel Miguel Leal, MD
1:45 Common Problems in Heart Failure: New Approaches to Therapy for 2018 Miguel Leal, MD
2:00 Personality Disorders in Cardiology: The Role of the Cardiologist in Treatment Amanda Bailey, MD
2:15 Cardiovascular Medicine Division, UW School of Medicine and Public Health (ICP) reserve the right to alter or substitute a topic or speaker without prior notice.
2:30 SYLLABUS & CONFERENCE MATERIALS
2:50 Conference materials will be available to registered participants 48 hours prior to the day of the conference online. You will receive a link to access the materials 48 hours before the conference begins. Temperatures and personal comfort levels vary, it is recommended that delegates dress casually. If you are in any doubt as to the appropriateness of your attire, please review the information below to assist you in making your decision.
2:50 Casually appropriate for this conference. Since meeting room temperatures and personal comfort levels vary, it is recommended that you bring a sweater or jacket to the educational activity.
3:15 PROGRAM CHANGES
3:15 Changes to the program occasionally occur and may necessitate topic or speaker changes. The University of Wisconsin School of Medicine and Public Health and its Clinical and Translational Science Institute (CTSI) reserves the right to alter or substitute a topic or speaker without prior notice.
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