

INTENDED AUDIENCE & SCOPE OF PRACTICE

This activity is designed for physicians, nurse practitioners, physician assistants, pharmacists, nurses and other allied health personnel working in the field of primary care who treat and evaluate patients in need of prevention and treatment of cardiovascular diseases.

ELEMENTS OF COMPETENCE

This CE activity has been designed to improve learner competence and focuses on the American Board of Medical Specialties areas of patient care and procedural skills, and medical knowledge.

This activity also focuses on the interprofessional competencies of roles/responsibilities, interprofessional communication, and teams/teamwork.

PRACTICE GAPS AND NEEDS

Cardiovascular medicine is a vast area of clinical practice with a continually rapid expansion of knowledge and practice standards. Physicians are challenged to determine best practices for management of atrial fibrillation including controlling the rhythm, eliminating the problem, and reducing the risk of stroke and other embolic events, all of which have been identified in updated guidelines. The UW has been active in developing new local guidelines and new local pathways of care that will be directly discussed during the meeting.

Major professional societies have issued new guidelines addressing new therapies for the treatment of hypertension. Developments in this field have been controversial. A session on prevention will focus on these new guidelines and their relevance to practice. We also plan to update clinicians on best practices for other techniques of cardiovascular prevention. Another session updates clinicians on new developments in therapy, particularly surgical based therapy for certain

cardiovascular diseases. New developments in how to use diagnostic testing for cardiovascular disease have emphasized appropriate use. Multiple new drugs have been released for the treatment of diabetes in the last two years. This is a very rapidly expanding area which is difficult for the primary care practitioner to stay informed of given the rapid expansion of new therapies. We will focus on one aspect of these new drugs and evaluate the issue as to whether some pharmacologic treatments can help prevent future heart disease. This educational activity aims to bridge the gaps that exist from the rapid expansion of knowledge and practice standards.

LEARNING OBJECTIVES

At the conclusion of the activity, the healthcare team will be able to:

1. Identify best practices for medical therapy of hypertension and heart failure while maximizing effectiveness and minimizing drug interactions.
2. Review best practices for treating atrial fibrillation and preventing secondary consequences of this problem.
3. Discuss best practices for treating syncope.
4. Describe best practices for effective use of all lipid-lowering pharmacotherapy now available to treat hyperlipidemia.
5. Explain how much exercise is potentially helpful versus harmful for patients with heart disease.
6. List cardiovascular medications that are most vulnerable to drug interactions and the potential harm to a cardiac patient.
7. Compare and contrast the potential role of new innovations in pacemaker therapy, cardiac surgery and cardiac device placement for patients with various types of heart disease.
8. Summarize the outcomes of various types of cardiac imaging.



WISCONSIN
UNIVERSITY OF WISCONSIN-MADISON

University of Wisconsin-Madison
Division of Cardiovascular Medicine
600 Highland Ave, H4/587 CSC
Madison, WI 53792-3248

CARDIOVASCULAR MEDICINE AND PREVENTION UPDATE FOR PRIMARY CARE



Friday, April 20, 2018

Madison Marriott West
Middleton, WI 53562

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Cardiovascular Medicine and Prevention Update for Primary Care



Interprofessional
Continuing Education Partnership
UNIVERSITY OF WISCONSIN-MADISON

School of Medicine
and Public Health
School of Nursing
School of Pharmacy

Provided by

- University of Wisconsin School of Medicine and Public Health
Department of Medicine, Division of Cardiovascular Medicine
- University of Wisconsin-Madison Interprofessional Continuing Education Partnership (ICEP)

Multiple brochures? We use multiple mailing lists and cannot always eliminate duplications. Please post or share any extras with colleagues.

AGENDA

Friday, April 20, 2018

AM

6:30 Doors Open for Exhibit Set-up

7:00 Registration & Breakfast with Exhibitors

7:55 Welcome and Intro *Peter Rahko, MD*

8:00 **Session I: Prevention**
Moderator: James Stein, MD

8:05 Exercise: How Much is Enough? How Much is Too Much? *Amita Singh, MD*

8:30 Pitfalls in Managing Hypertension: The Do's and Don'ts *Heather Johnson, MD, MS*

8:55 Treating Diabetes to Prevent Heart Disease: What is the Role of Newer Agents? *Roger Kulstad, MD*

9:20 Panel Discussion
Session I Moderator & Presenters

9:50 Intro to Breakout Sessions
Peter Rahko, MD

9:55 BREAK WITH EXHIBITORS

Session II: Breakouts

Choose 2 of the following:

1. Heart Failure Management: Pearls for 2018 *Bethany Westerfeldt, NP*
2. I Started a New Medication and the Creatinine is Rising: When Should I Worry? *Karen Kopacek, MS, RPh*
3. Why is This Normal Echo Report so Abnormal? How to Read an Echocardiogram Report *Nicole Reilly, MD*
4. Between a Rock and a Hard Place: My Atrial Fibrillation Patient Clots and Bleeds *Michael Field, MD*

10:10 Breakout Session

10:40 INTERMISSION

10:50 Breakout Session

11:20 Lunch with Exhibitors

PM

12:20 **Session III: General Cardiology**
Moderator: Adam Gepner, MD

12:25 Optimal Management of Atrial Fibrillation: New Algorithms for Common Problems *Jennifer Wright, MD*

12:50 Polypharmacy in Geriatric Patients: When Can I Stop Cardiovascular Drugs? *Kathleen Walsh, DO*

1:15 The New Syncope Guidelines: Not for the Faint of Heart?
Mohamed Hamdan, MD, MBA

1:40 How to Use CT for Diagnosis of Cardiac Disease *Roderick Deaño, MD, MPH*

2:05 Panel Discussion
Session III Moderator & Presenters

2:35 BREAK WITH EXHIBITORS

2:50 **Session IV: New Technology Your Patients Will Ask You About**
Moderator: Craig January, MD, PhD

2:55 Mitraclip: My Valve is Leaking: Can I Avoid Surgery? *Peter Rahko, MD*

3:20 New Treatments for Hypertrophic Cardiomyopathy *Joshua Hermsen, MD*

3:45 Cardiac Pacing: Leadless Devices You Cannot See or Feel *Miguel Leal, MD*

4:10 PFO: Culprit or Innocent Bystander? When to Refer Patients for Closure
Kurt Jacobson, MD, MHSA

4:35 Panel Discussion
Session IV Moderator & Presenters

5:05 Summary *Peter Rahko, MD*

5:10 Adjourn

REGISTRATION INFORMATION

Visit <https://ce.icep.wisc.edu/cardiovascular-medicine-2018>

- Select the Register/Enroll Tab
- Select login or register and follow the instructions for UW-Madison NetID log in or Visitor account creation/log in
- Follow any prompts to complete or update your profile information
- Click the Register tab, select your Eligible Discount and "Add to Cart"
- Select "Checkout" and follow the prompts to pay for the conference.

REGISTRATION DEADLINE: APRIL 17, 2018

CONFERENCE FEES

- **\$295** physicians (MD, DO)
- **\$195** residents, fellows, pharmacists, physician assistants, nurse practitioners, nurses, others
- **Reduced fee** for UW Health, VA and Meriter Employees:
- **\$99** UW Health/VA/Meriter physicians (MD, DO)
- **\$59** UW Health/VA/Meriter pharmacists, physician assistants, nurse practitioners
- **\$25** UW Health/VA/Meriter residents, fellows, nurses, other healthcare employees and students

The conference fee includes the cost of tuition, materials, breakfast, lunch, refreshment breaks, and a nonrefundable processing fee of \$50 (\$25 for the \$25 reduced fee category).

CANCELLATION AND REFUND POLICY

Requests for cancellation must be submitted in writing to help@icep.wisc.edu. Cancellation requests received at least 96 hours prior to the conference will allow a full refund except for the nonrefundable processing fee. No refunds will be made for cancellations received less than 96 hours prior to the activity start date.

CONFERENCE HOUSING

A block of rooms has been reserved at the conference site, the **Madison Marriott West**. Please call the hotel directly (888.745.2032) to arrange accommodations. To receive the special rate of \$169 (plus tax) for a single or double, please mention the UW Cardio 2018 group when making your reservation. The block of rooms will be held on a first-come, first-serve basis and any available rooms that have not been reserved by 5 PM CST on March 19, 2018 will be released to the general public. The hotel charges \$8.00 per vehicle per night for overnight guests.

CONFERENCE ATTIRE

Casual attire is appropriate for this conference. Since meeting room temperatures and personal comfort levels vary, it is recommended that you bring a sweater or jacket to the educational activity.

PROGRAM CHANGES

Emergency situations occasionally occur and may necessitate topic or speaker changes. The University of Wisconsin School of Medicine and Public Health and the University of Wisconsin-Madison ICEP reserve the right to alter or substitute a topic or speaker without prior notification.

SYLLABUS & CONFERENCE MATERIALS

Conference materials will be available to registered participants 48 hours prior to the event at the conference site: <https://ce.icep.wisc.edu/cardiovascular-medicine-2018>.

FOR FURTHER INFORMATION For conference information or details regarding exhibit booths please contact Ashley Bartlett at 608.263.9473 or abartlett@medicine.wisc.edu

*= Planning Committee Member

COURSE DIRECTORS

***Peter Rahko, MD**, Professor of Medicine, Cardiovascular Medicine Division, UW SMPH; Director, Adult Echocardiography Laboratory

***James Stein, MD**, Robert Turell Professor in Cardiovascular Research, Cardiovascular Medicine Division, UW SMPH; Director, Atherosclerosis Imaging Research Program; Director, Preventive Cardiology Program

PRESENTERS, MODERATORS & PLANNERS

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CREDITS



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

ACCREDITATION STATEMENT

In support of improving patient care, the University of Wisconsin-Madison ICEP is jointly accredited by the Accreditation Council for Continuing Medical Education

(ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

CREDIT DESIGNATION STATEMENTS

Accreditation Council for Pharmacy Education (ACPE)
A maximum of 7.25 hours of knowledge-based CE credit can be earned by successfully completing this live activity. Pharmacists should claim only the credit commensurate with the extent of their participation in

the activity. CE credit information, based on verification of live attendance and completion of the program assessment and evaluation, will be provided to NABP within 60 days after the activity completion.

Universal Activity Number (UAN) JA0000358-9999-18-006-L01-P, 7.25 hours (0.725 CEUs).

American Medical Association (AMA)
The University of Wisconsin-Madison ICEP designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC) & Iowa Board of Nursing

The University of Wisconsin-Madison ICEP designates this live activity for a maximum of 7.25 ANCC contact hours and Iowa Board of Nursing contact hours. ANCC pharmacotherapeutic contact hours will be calculated and awarded as appropriate to meet the needs of advanced practice nurses. The University of Wisconsin-Madison School of Nursing is Iowa Board of Nursing provider 350.

Continuing Education Units

The University of Wisconsin-Madison, as a member of the University Continuing Education Association (UCEA), authorizes this program for .725 continuing education units (CEUs) or 7.25 hours.

American Academy of Family Physicians

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Academy of Nutrition and Dietetics

Application for credit has been filed.

Policy on Disclosure

It is the policy of the University of Wisconsin-Madison Interprofessional Continuing Education Partnership, that the faculty, authors, planners, and other persons who may influence content of this CE activity disclose all relevant financial relationships with commercial interests in order to allow CE staff to identify and resolve any potential conflicts of interest. Faculty must also disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during their presentation(s). Detailed disclosures will be made in the activity materials.